WHAT IS CLAIMED IS:

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- A substrate processing apparatus comprising:
 - a substrate processing unit;
- a chamber which accommodates said substrate processing unit in a pressure-reduced ambient; and
 - a temperature adjusting plate arranged between said substrate processing unit and said chamber.
- The apparatus according to claim 1, wherein said
 temperature adjusting plate is attached to an inner
 wall of said chamber via a heat-insulating member and
 spaced apart from said substrate processing unit.
 - 3. The apparatus according to claim 1, wherein said temperature adjusting plate is arranged between said substrate processing unit and at least a portion of an inner wall of said chamber.
 - 4. The apparatus according to claim 1, wherein said temperature adjusting plate has a first surface opposing said substrate processing unit and a second surface opposing an inner wall of said chamber, and
 - a cooling pipe is provided at the second surface.
 - 5. The apparatus according to claim 1, wherein said temperature adjusting plate includes a Peltier element.
 - 6. The apparatus according to claim 1, wherein
- an emissivity of a surface of said
 temperature adjusting plate which opposes said
 substrate processing unit is higher than an emissivity

of a surface of said chamber which opposes said temperature adjusting plate.

- 7. The apparatus according to claim 1, wherein said temperature adjusting plate has a first surface
- opposing said substrate processing unit and a second surface opposing an inner wall of said chamber, and

an emissivity of the first surface is higher than an emissivity of the second surface.

- 8. The apparatus according to claim 1, wherein said
 10 substrate processing unit point-contacts or noncontacts to said chamber.
 - 9. The apparatus according to claim 1, wherein said chamber has an exhaust port communicating with an exhaust portion, and
- said temperature adjusting plate has a hole and arranged near the exhaust port such that the hole corresponds to the exhaust port.
 - 10 An exposure apparatus comprising:

an exposure processing unit which exposes a 20 substrate with a pattern;

a chamber which accommodates said exposure processing unit in a pressure-reduced ambient; and

a temperature adjusting plate arranged between said exposure processing unit and said chamber.

25 11. The apparatus according to claim 10, wherein an exposure processing is performed by utilizing EUV light, X-ray or electron beam. 12. A device manufacturing method comprising steps
of:

exposing a substrate with a pattern by using an exposure apparatus defined by claim 11; and

developing the substrate subjected to the exposure processing.